

4. An Ice Skater Is Spinning On The Ice At 4.00 Rev/s. If The Skaters Nose Is 0.120 M From The Axis Of

4. An Ice Skater Is Spinning On The Ice At 4.00 Rev/s. If The Skaters Nose Is 0.120 M From The Axis Of and the skater maintains a nearly perfect circular motion, physics can help us understand the underlying principles of this elegant dance on ice. When analyzing such a scenario, concepts like angular velocity, angular acceleration, moment of inertia, and conservation of angular momentum become essential. Whether you're an aspiring physicist or simply fascinated by the mechanics of figure skating, exploring this example provides insight into rotational motion and the forces at play during spins.

Understanding the Basics of Rotational Motion

Before delving into the specifics of the skater's spin, it is important to grasp the fundamental concepts of rotational kinematics and dynamics that govern such movements.

Angular Velocity

Angular velocity (ω) measures how fast an object rotates around a fixed axis. It is expressed in radians per second (rad/s). In this scenario, the skater's spinning rate is given as 4.00 revolutions per second (rev/s). To work with standard SI units, this needs to be converted into radians per second:

$$\omega = 4.00 \, \text{rev/s} \times 2\pi \, \text{rad/rev} = 8\pi \, \text{rad/s} \approx 25.1327 \, \text{rad/s}$$

This high angular velocity is typical of figure skaters during spins, where rapid rotation is visually impressive and physically demanding.

Moment of Inertia

Moment of inertia (I) quantifies an object's resistance to changes in its rotational motion. It depends on the mass distribution relative to the axis of rotation. For a skater, the moment of inertia can be approximated if the mass and shape are known, but often it is calculated based on the distribution of mass around the axis.

Applying Conservation of Angular Momentum

One of the key principles in rotational dynamics is the conservation of angular momentum (L), which states that:

$$L = I \omega = \text{constant}$$

This principle explains how skaters can control their spin rate by changing their body position: pulling their arms or legs in decreases their moment of inertia, causing them to spin faster; extending their limbs increases I , slowing the spin.

Implications for the Skater's Motion

In the scenario, if the skater starts spinning at 4.00 rev/s with their nose 0.120 meters from the axis, any change in their body position (e.g., pulling in or extending limbs) will alter their moment of inertia and, consequently, their angular velocity, provided no external torque acts on them.

Calculating the Skater's Moment of Inertia

While specific mass details are not provided, we can approximate the skater's moment of inertia considering their nose as a point mass at a distance of 0.120 meters from the axis.

Moment of Inertia for a Point Mass

For a point mass:

$$I = m r^2$$

where:

- m is the mass of the nose (or the mass concentrated at that point),
- $r = 0.120 \text{ m}$.

Suppose the mass of the nose is negligible compared to the entire body, but for the sake of the calculation, if we wanted to determine the change in angular velocity when the mass distribution changes, the concept would be similar.

Analyzing the Spin Dynamics

Understanding how the skater's spin behaves involves examining the relationship between their initial and final states, especially if the skater pulls in or extends limbs.

Scenario: The Skater Pulls in Their Arms

If the skater pulls their arms closer to the axis, their moment of inertia decreases, which, by conservation of angular momentum, must cause an increase in their angular velocity:

$$I_{\text{initial}} \omega_{\text{initial}} = I_{\text{final}} \omega_{\text{final}}$$

This explains why skaters spin faster when they pull their arms inward.

Scenario: The Skater Extends Their Arms

Conversely, extending limbs outward increases the moment of inertia, slowing the spin:

$$\omega_{\text{final}} = \frac{I_{\text{initial}} \omega_{\text{initial}}}{I_{\text{final}}}$$

This principle is vividly observed during figure skating routines, where skaters manipulate their body position to control their spin rate.

Real-World Applications and Insights

The physics of spinning on ice extends beyond entertainment and sports; it has practical applications in engineering, space science, and biomechanics.

Engineering and Robotics

Understanding rotational dynamics helps in designing gyroscopes, stabilizers, and control systems in robotics, where precise control of angular motion is essential.

Space Science

Spacecraft utilize principles of conservation of angular momentum for attitude control, adjusting spin rates without external forces.

Biomechanics and Sports Science

Athletes and coaches analyze body positions and movements to optimize performance, leveraging physics principles to enhance techniques.

Conclusion

The scenario of an ice skater spinning at 4.00 rev/s with their nose 0.120 meters from the axis beautifully illustrates the principles of rotational motion. From understanding angular velocity and moment of inertia to applying the conservation of angular momentum, physics provides a comprehensive explanation of how skaters control their spins. Whether pulling in their limbs to spin faster or extending them to slow down, skaters intuitively harness these physical laws, making their performances not only artistic but also a demonstration of fundamental physics in action.

Key Takeaways:

- Conversion of rotational speed units is crucial for calculations.
- Conservation of angular momentum explains how body position affects spin rate.
- Moment of inertia depends on mass distribution relative to the axis.
- Practical applications of rotational physics extend beyond sports into engineering and space technology.

By appreciating these principles, we gain a deeper respect for the skill and science behind the graceful spins on ice.

Frequently Asked Questions

What is the initial angular velocity of the ice skater in radians per second?

The initial angular velocity is 4.00 revolutions per second, which converts to $4.00 \times 2\pi \approx 25.13$ radians per second.

How can we calculate the tangential velocity of the skater's nose?

The tangential velocity $v = r \times \omega$, where r is 0.120 m and ω is 25.13 rad/s, so $v \approx 0.120 \times 25.13 \approx 3.02$ m/s.

What is the significance of the skater's nose being 0.120 m from the axis?

This distance determines the tangential speed and the rotational dynamics experienced by the nose during the spin.

If the skater pulls their arms in closer to the axis, what happens to their angular velocity?

The angular velocity increases due to conservation of angular momentum, since reducing r decreases the moment of inertia.

How do we convert revolutions per second to radians per second?

Multiply the revolutions per second by 2π : $\omega \text{ (rad/s)} = \text{rev/sec} \times 2\pi$.

What physical principle explains the change in the skater's spin when they pull their arms in?

Conservation of angular momentum explains that decreasing the moment of inertia (arms pulled in) results in an increase in angular velocity.

What is the rotational kinetic energy of the skater if their moment of inertia is known?

Rotational kinetic energy is given by $KE = (1/2) I \omega^2$, where I is the moment of inertia and ω is the angular velocity in radians per second.

Additional Resources

Ice Skater Spinning Dynamics: An In-Depth Exploration of Rotational Motion

Introduction to Rotational Motion and Its Significance in Ice Skating

Ice skating, a sport that combines grace, agility, and physics, offers a fascinating window into rotational dynamics. When a skater spins, they are engaging in a complex interplay of forces and motion principles that can be analyzed through the lens of physics. The fundamental concepts include angular velocity, angular acceleration, moment of inertia, torque, and conservation of angular momentum. Understanding these principles not only enhances appreciation for the sport but also provides insights into how skaters control their spins and perform complex maneuvers.

In this detailed examination, we focus on a specific problem: an ice skater spinning at 4.00 revolutions per second (rev/s), with the nose of the skater located 0.120 meters from the axis of rotation. We will analyze the physical

implications of this scenario, explore the concepts involved, and perform relevant calculations to deepen our understanding.

Fundamental Concepts in Rotational Dynamics

Before delving into the specific problem, it's essential to review key concepts in rotational motion:

Angular Velocity (ω)

- Definition: The rate at which an object rotates around an axis, measured in radians per second (rad/s).
- Conversion: 1 revolution = 2π radians.
- In the problem: The skater's initial angular velocity is given as 4.00 rev/s.

Moment of Inertia (I)

- Definition: The rotational equivalent of mass, representing an object's resistance to changes in its rotational motion.
- Dependence: Depends on the mass distribution relative to the axis of rotation.
- For a point mass: $I = m r^2$, where m is the mass and r is the distance from the axis.

Angular Momentum (L)

- Definition: The rotational analog of linear momentum, given by $L = I \omega$.
- Conservation: In the absence of external torques, angular momentum remains constant.

Torque (τ)

- Definition: The rotational equivalent of force, causing changes in angular momentum.
- Relation: $\tau = I \alpha$, where α is angular acceleration.

Analyzing the Skater's Initial Spin

Let's begin by translating the given data into usable quantities:

- Initial angular velocity: $(\omega_i = 4.00 \text{ rev/s})$.

Conversion to radians per second:

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\[
\omega_i = 4.00 \text{ rev/s} \times 2\pi \text{ rad/rev} = 8\pi \text{ rad/s}
\approx 25.1327 \text{ rad/s}
\]
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This is a rapid spin, characteristic of professional skaters performing spins like the camel or sit spin.

Understanding the Radius and Its Role

The problem states that the skater's nose is 0.120 meters from the axis of rotation. This radius is critical because:

- It determines the linear (tangential) velocity at that point.
- It influences the moment of inertia if considering the skater as a collection of mass points or a rigid body.

Linear velocity at the nose:

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\[
v = r \omega
\]
```

where:

- $(r = 0.120 \text{ m})$,
- $(\omega \approx 25.1327 \text{ rad/s})$.

Calculating:

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\[
v = 0.120 \text{ m} \times 25.1327 \text{ rad/s} \approx 3.0159 \text{ m/s}
\]
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This linear velocity is what the nose experiences due to the rotation, which affects balance, stability, and the sensation of spinning.

Moment of Inertia of a Skater: Simplified Model

To understand how the skater's rotation behaves, we need to estimate the moment of inertia.

Assumption:

- The skater's body and limbs are approximated as a combined rigid body with a certain distribution of mass.
- For simplicity, model the skater as a collection of point masses at different radii or as a solid object.

Simplified Model:

- The skater's torso is close to the axis; limbs extend outward.
- During spins, skaters often pull their arms and legs inward to decrease their moment of inertia, increasing their rotational speed (conservation of angular momentum).

Estimating the Moment of Inertia:

Suppose the skater has:

- A mass (M) ,
- A distribution such that the mass is concentrated at radii similar to the nose (0.120 m) and other parts.

For a rough estimate, consider:

$$I_{\text{total}} = I_{\text{core}} + \sum m_i r_i^2$$

where:

- (I_{core}) is the inertia of the torso (near the axis),
- (m_i) are masses at radius (r_i) .

In a real scenario, detailed biomechanical data would be needed, but for physical analysis, treating the skater as a point mass at the radius of the nose provides a baseline.

Conservation of Angular Momentum and Spin

Control

One of the most remarkable aspects of ice skating spins is the ability of the skater to control their rotation by altering their moment of inertia:

$$L = I \omega = \text{constant}$$

- When the skater pulls their arms and legs inward, (I) decreases.
- To conserve angular momentum, (ω) increases, leading to a faster spin.
- Conversely, extending limbs increases (I) , decreasing (ω) .

This principle explains the dramatic speed changes observed during spins.

Calculating the Skater's Angular Momentum

Assuming the skater's mass is (M) and considering the simplified model where the entire mass acts at the nose (to estimate maximum angular momentum), we have:

$$L = I \omega$$

with:

$$I = m r^2$$

and

$$L = m r^2 \omega$$

Suppose the skater's mass is approximately 70 kg.

Calculations:

$$L = 70 \text{ kg} \times (0.120 \text{ m})^2 \times 25.1327 \text{ rad/s}$$

$$L \approx 70 \times 0.0144 \times 25.1327 \approx 70 \times 0.362 \approx 25.34 \text{, kg} \cdot \text{m}^2 / \text{s}$$

This angular momentum is conserved unless external torques act, such as friction or air resistance.

Implications of Increasing or Decreasing Spin Rate

Suppose the skater pulls their arms inward, reducing the radius from the axis of rotation. How does this affect their spin?

Scenario:

- Initial radius: $(r_i = 0.120 \text{, m})$,
- Final radius: (r_f) (less than initial),
- Initial angular velocity: (ω_i) ,
- Final angular velocity: (ω_f) .

Using conservation of angular momentum:

$$I_i \omega_i = I_f \omega_f$$

$$m r_i^2 \omega_i = m r_f^2 \omega_f$$

$$r_i^2 \omega_i = r_f^2 \omega_f$$

$$\omega_f = \omega_i \times \left(\frac{r_i}{r_f} \right)^2$$

Example:

If the skater pulls their limbs inward so that $(r_f = 0.060 \text{, m})$:

$$\omega_f = 25.1327 \text{, rad/s} \times \left(\frac{0.120}{0.060} \right)^2 = 25.1327 \times 4 = 100.531 \text{, rad/s}$$

\]

This demonstrates how pulling limbs inward can significantly increase spin rate, a technique utilized by professional skaters to achieve rapid rotations.

Practical Considerations and Real-World Applications

While theoretical calculations provide tremendous insight, real-world skating involves additional factors:

- Friction: The ice offers a low coefficient of friction, but it still plays a role in energy dissipation.
- Air Resistance: At high rotation speeds, air resistance can influence the skater's motion, although minimal.
- Muscle Control: Skaters expertly manipulate limb positions to control their moment of inertia and stability.
- Balance and Center of Mass: Maintaining equilibrium during rapid spins requires precise biomechanical control.

Advanced Topics and Further Exploration

For those interested in delving deeper, consider exploring:

- Gyroscopic effects: How the skater's body orientation affects spin stability.
- Precession and nutation: Phenomena that can occur during complex spins.
- Energy considerations: How kinetic energy varies during limb movements.
- Biomechanical modeling: Using computer simulations to optimize performance.

Conclusion: The Physics Behind the Art of Spinning

Analyzing an ice skater's spin through the lens of physics reveals a sophisticated interplay of forces and motion principles

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