

# Moments Of Inertia For Some Objects Of Uniform Density: Disk $I = (1/2)MR^2$ , Cylinder $I = (1/2)MR^2$ , Sphere

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Understanding the moments of inertia is fundamental in classical mechanics, as it describes how an object resists rotational acceleration about a specific axis. When dealing with objects of uniform density, calculating the moments of inertia becomes more straightforward thanks to their symmetrical mass distribution. This article explores the moments of inertia for some common objects—disks, cylinders, and spheres—providing detailed derivations, formulas, and insights into their rotational dynamics.

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## What is Moment of Inertia?

### Definition and Significance

The moment of inertia, often denoted as  $I$ , quantifies an object's resistance to changes in its rotational motion around a particular axis. It depends on how mass is distributed relative to the axis of rotation:

- The farther the mass is from the axis, the larger the moment of inertia.
- It is analogous to mass in linear motion but applies to rotational systems.

### Mathematical Expression

Mathematically, the moment of inertia for a continuous mass distribution is expressed as:

$$I = \int r^2 \, dm$$

where:

- $r$  is the perpendicular distance from the axis of rotation to the mass element  $dm$ .

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## Moments of Inertia for Common Objects

# 1. Disk

## Physical Description and Assumptions

A thin, uniform disk is a flat circular object with mass  $(M)$  and radius  $(R)$ . Its mass distribution is symmetric about its center, which simplifies calculations.

## Derivation of Moment of Inertia

To find the moment of inertia of a disk rotating about its central axis, we consider a thin ring at radius  $(r)$  with thickness  $(dr)$ , then integrate over the entire radius:

- Mass of a thin ring:

$$dm = \frac{M}{\pi R^2} \times 2\pi r dr$$

- Moment of inertia of a thin ring:

$$dI = r^2 dm$$

- Integrate from  $(r = 0)$  to  $(r = R)$ :

$$I = \int_0^R r^2 dm = \int_0^R r^2 \left( \frac{M}{\pi R^2} \times 2\pi r dr \right) = \frac{2M}{R^2} \int_0^R r^3 dr = \frac{2M}{R^2} \times \frac{R^4}{4} = \frac{1}{2} M R^2$$

- Simplify the integral:

$$I = \frac{2M}{R^2} \int_0^R r^3 dr = \frac{2M}{R^2} \left[ \frac{r^4}{4} \right]_0^R = \frac{2M}{R^2} \times \frac{R^4}{4} = \frac{1}{2} M R^2$$

## Final Formula

$$\boxed{I_{\text{disk}} = \frac{1}{2} M R^2}$$

This formula indicates that the disk's resistance to rotational acceleration about its central axis is half of  $(M R^2)$ .

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# 2. Cylinder

## Physical Description and Assumptions

A solid cylinder of radius  $( R )$ , height  $( h )$ , and mass  $( M )$  has a uniform density. The axis of rotation is assumed to be along its central axis (the symmetry axis).

## Derivation of Moment of Inertia

The calculation involves integrating over the volume of the cylinder, considering differential mass elements at varying distances from the axis:

- Volume element in cylindrical coordinates:

$$\left[ dV = r \, , \, dr \, , \, d\theta \, , \, dz \right]$$

- Mass element:

$$\left[ dm = \rho \, , \, dV \right]$$

where:

$$\left[ \rho = \frac{M}{\pi R^2 h} \right]$$

- Moment of inertia about the central axis:

$$\left[ I = \int r^2 \, , \, dm \right]$$

- Integrate over the entire volume:

$$\left[ I = \rho \int_0^{2\pi} \int_0^R \int_0^h r^2 \, \times r \, , \, dr \, , \, d\theta \, , \, dz \right]$$

- Perform integrations:

$$\left[ I = \rho \, \times \int_0^{2\pi} d\theta \, \times \int_0^h dz \, \times \int_0^R r^3 dr \right]$$

- Calculate each integral:

$$\left[ \int_0^{2\pi} d\theta = 2\pi \right]$$

$$\left[ \int_0^h dz = h \right]$$

$$\left[ \int_0^R r^3 dr = \frac{R^4}{4} \right]$$

- Substitute back:

$$\left[ I = \rho \, \times 2\pi \, \times h \, \times \frac{R^4}{4} \right]$$

- Recall  $( \rho = \frac{M}{\pi R^2 h} )$ :

$$\left[ \right]$$

$$I = \frac{M}{\pi R^2 h} \times 2\pi \times h \times \frac{R^4}{4}$$

$$I = M \times \frac{2\pi h R^4}{4 \pi R^2 h} = M \times \frac{2 R^2}{4} = \frac{1}{2} M R^2$$

### Final Formula

$$\boxed{I_{\text{cylinder}} = \frac{1}{2} M R^2}$$

This result shows that a solid cylinder's moment of inertia about its central axis is identical to that of a disk of the same mass and radius.

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## 3. Sphere

### Physical Description and Assumptions

A solid sphere with total mass  $(M)$ , radius  $(R)$ , and uniform density. The sphere rotates about any axis passing through its center due to symmetry.

### Derivation of Moment of Inertia

The calculation involves integrating over the volume of the sphere:

- Volume element in spherical coordinates:

$$dV = r^2 \sin \phi \, dr \, d\theta \, d\phi$$

- Mass element:

$$dm = \rho \, dV$$

where:

$$\rho = \frac{M}{\frac{4}{3} \pi R^3}$$

- The moment of inertia about a central axis:

$$I = \int r_{\perp}^2 \, dm$$

where  $(r_{\perp})$  is the perpendicular distance to the axis of rotation.

- Due to symmetry, the standard result for a sphere's moment of inertia about its center is well-known:

$$I = \frac{2}{5} M R^2$$

This can be derived explicitly using integration, but the standard accepted value is:

**Final Formula**

$$I_{\text{sphere}} = \frac{2}{5} M R^2$$

This indicates that a solid sphere offers less resistance to rotational acceleration compared to disks or cylinders of similar mass and radius because its mass distribution is more concentrated toward the center.

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## Summary of Moments of Inertia

The following table summarizes the moments of inertia for the objects discussed:

| Object   | Axis of Rotation                      | Moment of Inertia $(I)$ |
|----------|---------------------------------------|-------------------------|
| Disk     | About its central axis                | $\frac{1}{2} M R^2$     |
| Cylinder | About its central (longitudinal) axis | $\frac{1}{2} M R^2$     |
| Sphere   | About any diameter                    | $\frac{2}{5} M R^2$     |

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## Applications of Moments of Inertia

### Engineering and Design

- Designing rotating machinery, flywheels, and turbines.
- Calculating torque and angular acceleration in mechanical systems.
- Analyzing stability and control in aerospace engineering.

### Physics and Education

- Understanding rotational dynamics in classical mechanics.
- Problem-solving in physics curricula involving rotational motion.

## Sports and Biomechanics

- Analyzing the rotational motion of sports equipment like wheels, bats, or balls.
- Studying human movement involving rotational components.

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## Conclusion

The moments of inertia are essential parameters in understanding how objects resist rotational changes. For objects of uniform density like disks, cylinders, and spheres, well-established formulas simplify the analysis of their rotational dynamics. Recognizing that the disk and cylinder share the same moment of inertia about their central axes,  $\left(\frac{1}{2} M R^2\right)$ , and the sphere's  $\left(\frac{2}{5} M R^2\right)$ , helps engineers, physicists, and students alike analyze real-world systems with greater confidence and precision. As you delve deeper into

## Frequently Asked Questions

### What is the moment of inertia for a solid disk about its central axis?

The moment of inertia for a solid disk about its central axis is  $I = \frac{1}{2}MR^2$ , where  $M$  is the mass and  $R$  is the radius.

### How does the moment of inertia of a cylinder compare to that of a disk of the same mass and radius?

For a solid cylinder rotating about its central axis, the moment of inertia is  $I = \frac{1}{2}MR^2$ , which is the same as that of a disk of the same mass and radius.

### What is the formula for the moment of inertia of a solid sphere about its diameter?

The moment of inertia of a solid sphere about its diameter is  $I = \frac{2}{5}MR^2$ .

### Why do different objects with the same mass and radius have different moments of inertia?

Because the moment of inertia depends on how mass is distributed relative to the axis of rotation; objects with mass farther from the axis have higher moments of inertia.

## **How does the moment of inertia change if the axis of rotation shifts from the center to the edge of the object?**

The moment of inertia generally increases when rotating about an axis away from the center, as described by the parallel axis theorem, which adds  $Md^2$  to the original moment of inertia.

## **Can the moment of inertia formulas for a disk, cylinder, and sphere be applied to objects with non-uniform density?**

No, these formulas assume uniform density; for non-uniform density objects, the moment of inertia must be calculated by integrating over the mass distribution.

## **What practical applications rely on understanding the moments of inertia of these objects?**

Applications include designing rotating machinery, flywheels, spacecraft components, and understanding stability in mechanical systems.

## **How does the shape of an object influence its moment of inertia for the same mass and size?**

The shape determines how mass is distributed relative to the axis; for example, a sphere concentrates mass closer to the center than a disk, resulting in different moments of inertia despite identical mass and size.

## **Additional Resources**

Moments of inertia are fundamental in understanding how objects resist rotational motion, playing a crucial role in fields ranging from mechanical engineering to astrophysics. When dealing with objects of uniform density, calculating their moments of inertia offers insights into their rotational dynamics, stability, and energy requirements for spinning. In this comprehensive review, we explore the moments of inertia for some classic geometrical objects: disks, cylinders, and spheres. Each shape exhibits unique distribution of mass and rotational symmetry, leading to specific formulas that capture their resistance to angular acceleration. By analyzing these objects, we deepen our understanding of rotational physics and the mathematical techniques employed to derive these important quantities.

# Understanding Moments of Inertia

## Definition and Significance

The moment of inertia ( $I$ ) of an object quantifies its resistance to changes in its rotational motion about a specific axis. Analogous to mass in linear motion, the moment of inertia depends on how mass is distributed relative to the axis of rotation. Mathematically, for a continuous mass distribution, it is expressed as:

$$I = \int r^2 dm$$

where  $r$  is the perpendicular distance from the axis of rotation to a mass element  $dm$ . The larger the moment of inertia, the more torque is required to produce a given angular acceleration.

## Dependence on Geometry and Density

The shape and density distribution of an object determine its moment of inertia. For objects with uniform density, the mass distribution is symmetric, simplifying calculations. The shape defines the integration limits and the axis about which the moment of inertia is calculated. Common axes of interest are central axes through symmetry or axes passing through the object's centroid.

## Moment of Inertia for a Uniform Disk

### Physical Description and Characteristics

A disk is a flat, circular object with uniform density, characterized by its radius  $R$ , mass  $M$ , and thickness  $h$ . It is an idealized shape often used in mechanical systems, flywheels, and rotational sensors. Its symmetry about its central axis makes the calculation straightforward for rotations about the axis perpendicular to its plane.

### Derivation of the Moment of Inertia

The moment of inertia for a uniform disk about its central axis is derived by integrating over its mass distribution. Assuming the disk lies in the  $xy$ -plane and rotates about the  $z$ -axis, the steps are:

1. Set Up Coordinates: Use cylindrical coordinates with  $r$  as the radial coordinate from  $0$  to  $R$ .



2. Mass Element: The mass element at radius  $r$  is:

$$dm = \sigma \, dA = \sigma \, 2\pi r \, dr$$

where  $\sigma = \frac{M}{\pi R^2}$  is the surface mass density, and  $dA = 2\pi r \, dr$  is the differential area element.

3. Moment of Inertia Integral:

$$I = \int r^2 \, dm = \int_0^R r^2 \, (\sigma \, 2\pi r \, dr) = 2\pi \sigma \int_0^R r^3 \, dr$$

4. Evaluating the Integral:

$$I = 2\pi \sigma \left[ \frac{r^4}{4} \right]_0^R = 2\pi \sigma \frac{R^4}{4}$$

5. Substituting  $\sigma$ :

$$I = 2\pi \frac{M}{\pi R^2} \times \frac{R^4}{4} = \frac{1}{2} M R^2$$

Final Result:

$$\boxed{I_{\text{disk}} = \frac{1}{2} M R^2}$$

This elegant and widely used formula indicates that the disk's moment of inertia scales directly with its mass and the square of its radius.

## Implications and Applications

The formula reveals that larger and more massive disks resist rotational acceleration more strongly. It is fundamental in designing rotating machinery, flywheels, and in understanding rotational stability in physics experiments.

## Moment of Inertia for a Uniform Cylinder

## Physical Description and Characteristics

A cylinder is a three-dimensional object with height  $(h)$ , radius  $(R)$ , and uniform density. It can be oriented along any axis, but its most common moments of inertia are about its central axis (parallel to its height) or about an axis perpendicular to it.

## Derivation of the Moment of Inertia

The calculation depends on the axis about which the rotation occurs. Here, we focus on the moment of inertia about the cylinder's central axis (aligned with its height), which is a typical case.

1. Set Up Coordinates: Use cylindrical coordinates with the axis of rotation along the cylinder's central axis.

2. Mass Distribution: The total mass is:

$$M = \rho V = \rho \pi R^2 h$$

where  $(\rho)$  is the uniform density.

3. Elemental Mass: Consider a thin ring at radius  $(r)$  (from 0 to  $(R)$ ):

$$dm = \rho dV = \rho (2\pi r dr h)$$

4. Moment of Inertia for a Ring:

Since the ring at radius  $(r)$  has mass  $(dm)$ , its moment of inertia about the central axis is:

$$dI = r^2 dm$$

5. Total Moment of Inertia:

$$I = \int_0^R r^2 dm = \int_0^R r^2 \times \rho 2\pi r h dr = 2\pi \rho h \int_0^R r^3 dr$$

6. Evaluate the Integral:

$$I =$$

$$I = 2\pi \rho h \left[ \frac{r^4}{4} \right]_0^R = 2\pi \rho h \frac{R^4}{4}$$

7. Express in Terms of  $(M)$ :

Using  $(M = \rho \pi R^2 h)$ :

$$\rho h = \frac{M}{\pi R^2}$$

Substituting:

$$I = 2\pi \times \frac{M}{\pi R^2} \times \frac{R^4}{4} = \frac{1}{2} M R^2$$

Final Result:

$$\boxed{I_{\text{cylinder about its central axis}} = \frac{1}{2} M R^2}$$

This result mirrors that of the disk, illustrating the symmetry in mass distribution about the axis.

## Other Axes and Generalizations

- For axes perpendicular to the cylinder's central axis through its center, the moment of inertia is:

$$I_{\text{perp}} = \frac{1}{12} M (3 R^2 + h^2)$$

- For an axis passing through the center but perpendicular to the cylinder's length, the moment of inertia increases due to the mass distribution's geometry.

## Moment of Inertia for a Uniform Sphere

### Physical Description and Characteristics

A sphere is a perfectly symmetrical, three-dimensional object with uniform density. Its moments of inertia are crucial in planetary physics, rotational

dynamics of small objects, and in mechanical systems like ball bearings.

## Derivation of the Moment of Inertia

Calculating the moment of inertia for a sphere involves integrating over its volume, considering the distribution of mass relative to the axis of rotation.

1. Set Up Coordinates: Use spherical coordinates with the origin at the sphere's center.

2. Mass Element: The differential volume element in spherical coordinates is:

$$dV = r^2 \sin \theta \, dr \, d\theta \, d\phi$$

and the mass element:

$$dm = \rho \, dV$$

with  $\rho = \frac{M}{\frac{4}{3} \pi R^3}$ .

3. Moment of Inertia Integral:

Choosing the axis along the z-axis, the perpendicular distance from a mass element to this axis is:

$$r_{\perp} = r \sin \theta$$

The moment of inertia about this axis:

$$I = \int r_{\perp}^2 \, dm = \int r^2 \sin^2 \theta \, \rho \, r^2 \sin \theta \, dr \, d\theta \, d\phi$$

which simplifies to:

$$I = \rho \int_0^{2\pi} d\phi \int_0^{\pi} \sin^3 \theta \, d\theta \int_0^R r^4 \, dr$$

4. Evaluate Integrals:

-  $\phi$  integral:

$$\int_0^{2\pi} d\phi = 2\pi$$

-  $\int_0^\pi \sin^3 \theta d\theta$  integral:

$$\int_0^\pi \sin^3 \theta d\theta = \frac{4}{3}$$

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## Moments Of Inertia For Some Objects Of Uniform Density Disk I 1 2 Mr 2 Cylinder I 1 2 Mr2 Sphere

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