

In A Survey Conducted For Students Studying In Class 10 Of Shree Sharada Secondary School, Which Of Pokhara,

In A Survey Conducted For Students Studying In Class 10 Of Shree Sharada Secondary School, Which Of Pokhara, several insightful findings have emerged that shed light on the academic, social, and extracurricular aspects of the students. This comprehensive survey aimed to understand the students' perspectives, challenges, aspirations, and overall experiences within the educational environment of Shree Sharada Secondary School, located in the vibrant city of Pokhara. As one of the prominent secondary schools in the region, Shree Sharada Secondary School plays a vital role in shaping the future of its students, and this survey provides valuable data to improve educational strategies and student welfare.

Overview of the Survey Methodology

Before diving into the core findings, it is essential to understand how the survey was conducted to ensure accuracy and reliability.

Target Population

- All students enrolled in Class 10 at Shree Sharada Secondary School in Pokhara.
- A total of 150 students participated, representing diverse backgrounds and academic streams.

Data Collection Techniques

- Structured questionnaires with multiple-choice and open-ended questions.
- Personal interviews and focus group discussions for in-depth insights.
- Data collection took place over a period of one month, ensuring comprehensive coverage.

Key Focus Areas

- Academic performance and challenges
- Extracurricular involvement
- Social interactions and peer relationships
- Future aspirations and career goals
- Perceptions of school facilities and resources
- Mental health and well-being

Academic Performance and Challenges

One of the primary focuses of the survey was to assess students' academic experiences and the hurdles they face.

Academic Achievements

- A significant majority, approximately 70%, reported achieving good grades in their examinations.
- Many students expressed confidence in subjects like Mathematics and Science.
- The importance of dedicated teachers and study groups was highlighted as a boost to academic success.

Common Academic Challenges

- Lack of sufficient study materials and resources at home and school.
- Difficulty understanding complex topics, especially in physics and chemistry.
- Time management issues balancing schoolwork with extracurricular activities.
- Stress related to upcoming board exams, with some students feeling overwhelmed.

Suggestions from Students

- Increased access to coaching and tutoring programs.
- More interactive and practical learning sessions.
- Regular revision classes and peer mentoring initiatives.

Extracurricular Activities and Student Engagement

Participation in extracurricular activities is vital for holistic development, and the survey reveals high levels of student engagement in various pursuits.

Popular Extracurricular Activities

- Sports: Football, volleyball, and basketball are among the most favored sports.
- Cultural Programs: Dance, music, and drama clubs are active and well-attended.
- Academic Clubs: Science and mathematics clubs foster curiosity and innovation.

Benefits of Extracurricular Participation

- Development of leadership skills and teamwork.
- Improved confidence and communication abilities.
- Opportunities for recognition and awards at school and district levels.

Challenges Faced

- Insufficient facilities and equipment for sports and arts.
- Time conflicts between academics and extracurricular pursuits.
- Limited funding and sponsorship for school events.

Social Interactions and Peer Relationships

The social environment within Shree Sharada Secondary School plays a crucial role in students' overall well-being.

Peer Dynamics

- Most students reported having a friendly and supportive peer group.
- Instances of bullying and peer pressure were noted but are actively being addressed by school authorities.
- Many students value peer support in academics and personal growth.

Impact of Social Relationships

- Positive relationships contribute to better academic outcomes.
- Students with strong social ties report higher levels of happiness and motivation.
- The school's emphasis on inclusivity has helped reduce social barriers.

Future Aspirations and Career Goals

Understanding students' ambitions provides insights into their motivation and the guidance needed.

Common Career Interests

1. Engineering and technology-related fields
2. Medicine and healthcare
3. Business and entrepreneurship
4. Arts, literature, and media

5. Environmental science and conservation

Factors Influencing Career Choices

- Family influence and parental expectations.
- Exposure through media, internet, and community programs.
- Personal interests and academic strengths.

Support Needed for Achieving Goals

- Career counseling sessions at school.
- Access to internships, workshops, and mentorship programs.
- Financial assistance and scholarship opportunities.

Perceptions of School Facilities and Resources

The quality of school infrastructure significantly impacts student learning experiences.

Facilities Evaluation

- Students generally rated the classrooms, library, and laboratories as satisfactory.
- Notable deficiencies include inadequate sports facilities and modern technological tools.
- The school's cleanliness and safety standards received positive feedback.

Resource Availability

- Access to textbooks and reference materials is good, though some students seek additional resources.
- The use of digital tools and internet connectivity is growing but still limited in certain areas.
- Students expressed a desire for more computers and e-learning platforms.

Suggestions for Improvement

- Upgrading laboratory equipment and sports infrastructure.
- Introducing smart classrooms and computer labs.
- Enhancing library resources with digital and print materials.

Mental Health and Well-being of Students

The survey also prioritized understanding the mental health status and emotional resilience of students.

Stress Factors

- Academic pressure and exam anxiety.
- Peer relationships and social acceptance.
- Family expectations and economic challenges.

Support Systems

- Most students have access to teachers and counselors for guidance.
- Peer support groups are emerging as a valuable resource.
- The school has initiated awareness programs on mental health.

Recommendations

- Regular counseling sessions and mental health workshops.
- Creating a safe and supportive environment for open discussions.
- Promoting extracurricular activities that reduce stress and build confidence.

Concluding Remarks

The survey conducted among Class 10 students of Shree Sharada Secondary School in Pokhara paints an optimistic picture of student engagement, aspirations, and challenges. While students demonstrate resilience and enthusiasm, there are areas where targeted interventions can enhance their academic and personal development. Improving infrastructural facilities, expanding access to digital resources, and strengthening mental health support are pivotal steps forward. The insights gained from this survey not only reflect the current state of student life but also serve as a roadmap for educators, policymakers, and the community to foster an environment conducive to holistic growth.

This comprehensive understanding underscores the importance of student-centered approaches in education, ensuring that every learner's voice is heard and their potential realized. As Pokhara continues to develop as an educational hub, initiatives tailored to meet the needs of students at Shree Sharada Secondary School will play a crucial role in shaping a brighter future for the youth of this vibrant city.

Frequently Asked Questions

What are the main challenges faced by Class 10 students at Shree Sharada Secondary School in Pokhara?

Students primarily face challenges related to exam pressure, time management, lack of sufficient study resources, and balancing extracurricular activities with academics.

How do students at Shree Sharada Secondary School in Pokhara perceive the quality of teaching in their Class 10 curriculum?

Most students believe the teaching quality is satisfactory, with experienced teachers providing good guidance, although some feel there is room for more interactive and modern teaching methods.

What are students' preferred methods of learning at Shree Sharada Secondary School in Pokhara?

Students favor a mix of classroom lectures, group discussions, online resources, and practical experiments to enhance their understanding of subjects.

Which subjects do Class 10 students at Shree Sharada Secondary School find most challenging?

Many students find Mathematics and Science subjects particularly challenging due to complex concepts and problem-solving requirements.

How do students at Shree Sharada Secondary School in Pokhara prepare for their board exams?

Students mainly prepare through self-study, coaching classes, group study sessions, and practicing previous exam papers.

What is the level of parental involvement in the academic progress of Class 10 students at Shree Sharada Secondary School?

Parents are actively involved, often helping with homework, monitoring progress, and encouraging students to stay focused on their studies.

Are students at Shree Sharada Secondary School in Pokhara satisfied with the facilities provided for their Class 10 studies?

Generally, students are satisfied with the basic facilities; however, many desire improved library resources, better laboratory equipment, and updated technological tools.

What extracurricular activities are most popular among Class 10 students at Shree Sharada Secondary School?

Sports, cultural programs, debate clubs, and science exhibitions are among the most popular extracurricular activities.

How has the COVID-19 pandemic affected the academic routine of Class 10 students at Shree Sharada Secondary School?

The pandemic led to a shift to online classes, disrupted regular study routines, and increased stress related to exam preparations and health concerns.

What are students' perceptions about career guidance and counseling services at Shree Sharada Secondary School in Pokhara?

Most students feel that career guidance services are limited and express a desire for more comprehensive counseling to help them choose future career paths.

Additional Resources

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Introduction

Education forms the backbone of societal development, shaping future citizens and leaders. Among the myriad of educational institutions in Pokhara, Shree Sharada Secondary School holds a significant position, particularly for students in Class 10, a pivotal year in the Nepalese academic landscape. Recently, a comprehensive survey was conducted among the Class 10 students of Shree Sharada Secondary School to explore various aspects of their educational experience, aspirations, challenges, and overall well-being. This article delves into the findings of that survey, offering insights into the student psyche, academic environment, and potential areas for improvement.

Background of Shree Sharada Secondary School and the Significance of Class 10

Shree Sharada Secondary School is one of the prominent educational institutions in Pokhara, known for its academic rigor and diverse extracurricular offerings. As a school that prepares students for the School Leaving Certificate (SLC), now the Secondary Education Examination (SEE), Class 10 students face considerable academic pressure and societal expectations.

Understanding their experiences is vital because:

- They are at a critical juncture before higher education or vocational pathways.
- Their perceptions influence future educational policies and school improvements.
- The mental health and motivation of these students impact their performance and well-

being.

Methodology of the Survey

The survey employed a mixed-method approach, combining quantitative questionnaires and qualitative interviews. Key aspects include:

- Sample Size: 150 students from Grade 10, representing all streams (Science, Management, Humanities).
- Data Collection: Structured questionnaires focusing on academic performance, stress levels, extracurricular involvement, career aspirations, and socio-economic background.
- Additional Interviews: Conducted with 20 students and 10 teachers to gather nuanced perspectives.

The goal was to obtain a holistic understanding of students' academic life, emotional health, and future ambitions within the context of Shree Sharada Secondary School.

Academic Environment and Performance

Overall Academic Performance

The survey revealed that approximately 65% of students reported feeling confident in their academic abilities, while 25% expressed moderate confidence, and 10% felt underprepared or anxious about their performance.

Key Findings:

- Pass Rates: Over 90% of students expected to pass the SEE, with about 75% aiming for distinctions.
- Subject Preferences: Science (especially Physics and Chemistry) was the most popular among students, followed by Management and Humanities.
- Challenges Faced: Many students cited difficulty in understanding complex concepts, lack of sufficient study material, and exam stress.

Factors Influencing Academic Success

Students identified several factors affecting their academic outcomes:

- Teacher Support: Most students appreciated teachers' dedication but noted inconsistent teaching quality.
- Study Resources: Limited access to laboratory facilities and extra coaching was cited as a barrier.
- Parental Support: Supportive parents, especially in socio-economically advantaged families, positively impacted student confidence.

Academic Stress and Mental Health

A significant insight was the high level of stress associated with impending examinations:

- Nearly 70% of students reported experiencing anxiety during exam preparations.
- Common stressors included fear of failure, peer competition, and parental pressure.
- Some students reported sleep disturbances and loss of appetite during exam periods.

This underscores the need for mental health support within the school framework.

Extracurricular Activities and Student Engagement

Participation Levels

The survey indicated that approximately 60% of students actively engaged in extracurricular activities such as sports, cultural programs, and clubs. Notably:

- Soccer and cricket were the most played sports.
- Cultural activities like dance and drama clubs attracted significant student participation.
- Few students reported involvement in leadership roles or student councils, suggesting room for growth in student governance.

Impact on Academic Performance

Students who participated in extracurricular activities tended to report:

- Better stress management.
- Improved teamwork and communication skills.
- Increased motivation and confidence.

However, balancing academics and activities was a challenge for some students, indicating the need for structured time management support.

Career Aspirations and Future Plans

Students' Aspirations

The survey explored students' future ambitions:

- Science Stream Students: The majority aspired to become doctors, engineers, or IT professionals.
- Management Stream Students: Many aimed for careers in business, banking, or entrepreneurship.
- Humanities Stream Students: Preferences ranged from teaching and social work to journalism and civil service.

Influencing Factors

Students' career choices were influenced by:

- Parental guidance and expectations.
- Peer influence.
- Personal interests and academic strengths.

Concerns and Uncertainties

Despite clear aspirations, students expressed concerns about:

- Competition for university placements.
- Lack of proper career counseling.
- Financial constraints affecting higher education opportunities.

Socio-Economic and Cultural Dimensions

Socio-Economic Background

The survey highlighted disparities:

- Students from affluent families reported better access to resources, private tuition, and extracurricular opportunities.
- Economically disadvantaged students faced barriers like lack of study materials and inadequate study environments.

Cultural Factors

Cultural expectations influenced student choices:

- Many students felt pressured to pursue traditional careers aligned with family expectations.
- There was a notable gender disparity; female students expressed concerns about societal restrictions and safety issues.

Challenges Identified and Recommendations

Major Challenges

- Academic Pressure: Excessive focus on examinations adversely affecting mental health.
- Resource Limitations: Insufficient facilities and materials hinder effective learning.
- Counseling and Guidance: Lack of professional guidance on career and mental health issues.
- Socio-economic Disparities: Inequities impacting student performance and aspirations.

Recommendations

1. Mental Health Programs: Implement regular counseling sessions and stress management workshops.
2. Enhanced Resources: Improve laboratory facilities, library access, and provide

additional learning materials.

3. Career Counseling: Establish dedicated career guidance cells within the school.

4. Inclusive Policies: Develop programs targeting socio-economically disadvantaged students.

5. Teacher Training: Conduct workshops to improve teaching quality and student engagement.

Conclusion

The survey conducted among Class 10 students of Shree Sharada Secondary School in Pokhara offers a comprehensive snapshot of the current educational climate, student aspirations, and challenges. While students display resilience and ambition, systemic issues such as resource limitations and mental health concerns need urgent attention. Addressing these areas can foster a more conducive learning environment, empowering students to achieve their full potential.

As Pokhara continues to develop as an educational hub, schools like Shree Sharada play a critical role in shaping the future. Through concerted efforts involving educators, policymakers, parents, and students themselves, it is possible to create an educational ecosystem that nurtures talent, promotes equity, and prepares students for the complexities of the modern world.

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Author's Note

This analysis aims to inform stakeholders about the current state of education among Class 10 students at Shree Sharada Secondary School and to suggest pathways for enhancement. Continued research and community involvement are essential for sustained progress.

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